

Brentwood NEWSLETTER



Volume XXXIV No. 10

Brentwood, New Hampshire

October 2010

October Recycling Pick-Up Dates

October 12 & 13
October 26 & 27

From the Selectmen's Office

Flu vaccine clinic

A flu vaccine clinic will be held at the Brentwood Town Office on Friday, **October 15 from 8:00am to 9:00am**. The clinic is free for residents who present a valid NHLGC Health Trust health insurance card, Blue Cross, Medicare, or Medicaid card. The rate for all others is \$27 and can be paid by cash or check at the time of the clinic. Those who wish to attend should phone Julie Stevens, Town Administrator, at 642-6400 x10 by 4:00pm on Tuesday, October 12.

Cyclical Data Collection/Town Revaluation

In an effort to meet deadlines associated with the Cyclical Data Collection project which will ensure accurate data is represented on each owner's property assessment record, Jim Michaud, the Town's contracted assessor, has hired a few N.H. Certified Assessors to assist him in gathering the necessary information: Megan Brideau, Rick Brideau and Steve Hannon. All four of these assessors have Town issued identification and their vehicle information is on file with the Brentwood Police Department.

It is necessary that property owners please allow the data collectors to inspect the interior as well as conduct exterior measurements of all buildings on the site. If no one is at home at the time the data collector arrives, he/she will leave a call-back card with a phone number for the property owner to call to schedule an interior inspection.

The data collection portion of the Town-wide revaluation process is nearing the end. Upon completion, you can expect to receive notice of your new assessment from Jim Michaud, our contracted assessor. He will provide residents with an opportunity to schedule an appointment to discuss the assessment

figure for those who are in disagreement. We thank all residents for their support and cooperation during this process.

Should you have any questions or concerns, please call the Brentwood Board of Selectmen's Office at 642-6400 x10. Thank you for your cooperation.

Board of Selectmen

Fourth of July Fireworks Sponsors

The 4th of July Committee is extending a heartfelt Thank You to the following faithful sponsors of the Brentwood fireworks display.

I personally apologize to those generous sponsors that were inadvertently omitted from the September issue of the *Newsletter*. If I have missed anyone else please give me a call at 642-8379

3 Ponds Campground
Appliance Services
Brentwood Machine Sales
Manufacturing Rubber Supply
Painters Union and Allied Trades
Rockingham County EFFORTS Committee
ME Hannon Management

Some of these sponsors are in addition to those acknowledged in the last issue of this newsletter. We could not continue this American tradition without their unwavering support. We ask you to utilize their services whenever you can.

Sincerely,

*Jane L Byrne, for the
Brentwood 4th of July Committee*

Waste Tonnage Figures

	<u>July</u>	<u>August</u>
Tons, Mixed Solid Waste	109.35	121.95
Tons, Recycled Goods	24.13(18.08%)	28.48 (23.4%)

TOWN OF BRENTWOOD On the Web: www.brentwoodnh.gov**TOWN CLERK and TAX COLLECTOR:**

Phone: 642-6400 X 14
 Mon., Wed., Thurs. 9:00-4:30
 Tuesday 9:00-8:00
 Friday 8:30-4:00
 Saturday 9:00-12:00

TOWN ADMINISTRATOR

Phone: 642-6400 X 10 Fax: 642-6310
 Monday–Thursday 8:00-4:30
 Friday 9:00-1:00

MARY E. BARTLETT LIBRARY

Phone: 642-3355 E-mail: bartlettlibrary@comcast.net
 On the Web: www.brentwoodlibrary.org
 Monday 2-7 Thursday 9-5
 Tuesday 9-5 Friday 9-1
 Wednesday 9-5 Saturday 9-1
 Story Hours: Tuesday 10:30 and 2:00 Wednesday 10:30

SWASEY CENTRAL SCHOOL

Phone: 642-3487
 Swasey on the Web: <http://scs.sau16.org>
 SAU 16 on the Web: <http://www.sau16.org>

From the Town Clerk's Office

Many thanks to all those who helped at the September election.

The polls for the November election will be open on Tuesday, November 2, from 8:00 am to 7:00 pm.

Watch the town website for news about paying your tax bill online with a credit card.

Regarding Auto Registration Renewals --

- If you are **transferring plates** to another vehicle, you **must bring in the old registration.**
- If you are simply renewing the registration on your current vehicle, you **must bring in the old registration or the letter that we mailed to you.**
- You always need **two checks** to complete an auto registration: one for the State and one for the Town.

Phyllis Thompson

Bake Sale on Election Day

A Bake Sale will be held at the Brentwood Community Center on Election Day, Tuesday, November 2. Proceeds will benefit the Brentwood Historical Society. Any donations of baked goods that residents might wish to contribute will be gratefully received.

LEGAL NOTICE**TOWN OF BRENTWOOD, NH**

1 Dalton Road, Brentwood, NH 03833
SUPERVISORS OF THE CHECKLIST

The Supervisors of the Checklist for the Town of Brentwood, NH, will be in session at the Brentwood Town Office on Saturday, October 23, 2010, 11:00-11:30am, to make corrections to the Voter Checklist. This is the last day to accept voter registration applications. No additions or corrections shall be made to the checklist after this session until election day.

Supervisors of the Checklist

JoAnn Allison, Mary Clancey, Martha Clark

Death of Former Town Clerk Announced

The *Exeter News-Letter* recently carried the obituary of Elizabeth "Betty" Waitt-Luce in New Port Richey, Florida. Betty served as Town Clerk of Brentwood for a number of years ending in 1978. She then went on to become the Rockingham County Register of Deeds, retiring in 1998. She enjoyed her recent years of retirement in Florida.

Mailing Team for September

Many thanks on behalf of the community to those in the Pickpocket/Rowell Road area who gathered at Apple Annie's to prepare the September *Newsletter* for mailing: Ann Barker, Merrill Dwyer, Jane Storm, Diantha Wade, Chris Wellington, Joanie Pratt and Charlie Pratt.

THE BRENTWOOD NEWSLETTER

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 Brentwood, New Hampshire. Circulation 1217

Linda Rousseau, Editor 772-4534

Marion Arkell, Treasurer, 772-6314 Ann Chamberlain, 642-8758
 Jim Clark, 580-1012 Brad Stevens

Business Card Directory: \$20 per insertion, available in April, September & December issues.

Business Article: \$100 half page, \$200 full page, available in any issue.

Deadline for November Issue: Friday, Oct. 22

Mail or bring your articles to Linda Rousseau, 90 Prescott Road, Brentwood, NH 03833,
 or e-mail to lindarou@rcn.com

From the School Board

After a fairly quiet summer, the Brentwood School Board is back to work this Fall. 2010-2011 looks to be another great year at Swasey. Our student population seems to be stabilizing. After many years of large increases and then decreases over the last two years, our student population started the year at 397 which is about the same number we started with last year. One indicator that the decreases have slowed is our kindergarten size which is 56 students, up from 44 last year.

This year's board includes Charlie Gargaly (Chair), Pete Reed (Vice Chair), Liz Bryan, Dianne Vosgien, and Linda Garey. We generally meet on the 2nd Monday of the month at 6:15 pm in the Swasey library. The public is always welcome to attend. There is time allotted for public comments, and we generally welcome input from the audience. Additionally, anyone may request time for a specific topic by requesting they be put on the agenda. This can most easily be done by contacting me (cgargaly@sau16.org) or Superintendent Mike Morgan (mmorgan@sau16.org) at least a week prior to our scheduled meeting date. Our October meeting will be held on Wednesday, October 13 due to the Columbus Day holiday, and then we should be back to our normal meeting schedule for November and December. Additional information related to the school board such as phone numbers and email can be found on our website: <http://www.sau16.org/index.php/school-boards/brentwood/scs-members>.

The budget is the largest part of our responsibility and once again economic conditions require us to be as cost conscious as possible, while still maintaining a high quality educational environment. While our student population is flat, we have to take into account some challenges due to expected increases in healthcare, the percentage of retirement contributions mandated by the state, increased unemployment contributions, and contractual increases in transportation.

This year we are also in the process of negotiating a new contract with the Brentwood Teachers' Association. We anticipate presenting the new agreement along with our budget in March. Should you have any questions, comments, or helpful suggestions please contact me at 679-1569 or cgargaly@comcast.net or join us at our next meeting.

Another main board responsibility is to establish and revise policies. There have been many changes this year due to clarifications on how to define bullying and what actions should be taken, updates related to the ever-changing world of technology, and other concerns related to the economy. All of our current policies can be found on our website.

The Brentwood School Board looks forward to the year ahead and hopes it will be productive and prosperous for our entire community.

*Charlie Gargaly, Chair
Brentwood School Board*

Happenings and News from Swasey Central School

The school came alive with the return of our students in late August. Parents have already had the opportunity to meet teachers and visit classrooms. Most attended a 'Back-to-School' night to gain a better understanding of the grade level curriculum and expectations. The fall is jam-packed with projects and field trips that support the students' instruction and learning.

Teachers had busy summers with most taking personal time to participate in conferences, workshops, training, and to pursue coursework towards advanced degrees in education. They returned rejuvenated and excited about the year ahead. This fall, sixty-four of the 4th- and 5th-graders are coming to school early and staying late as they train to run one mile in intramural Cross Country meets. Each Wednesday afternoon through the middle of October, Swasey students are competing with those from Kensington, East Kingston, Stratham, Newfields, Newmarket, and Pollard elementary schools. The meets are held at different schools and begin at 4:30 p.m. Mrs. Sheila Lane, Mrs. Jody MacBride, and Mrs. Cathy Blaisdell have again taken on the challenge of coaching this team!

The 3rd, 4th, and 5th graders are gearing up to participate in the statewide New England Common Assessment Program (NECAP) which looks at their proficiency in literacy and mathematics. Since we do not get the results from these back until well into the school year, teachers are currently using a variety of formal and informal assessments to gather student data to guide their planning.

The Parent-Faculty Group has already held its first meeting of the year and is completing the fall fundraiser. These funds are used to support the curriculum in a variety of ways including an author visit and clay for our popular kiln. They are looking for parent ideas for community nights and special projects that they can promote. Meetings are the 3rd Tuesday of each month at 6:30 p.m. in the Swasey library.

Our 5th graders are off to a solid start after participating in a two-day community-building experience at Camp Lincoln. The Brentwood Fire Department has scheduled a variety of educational opportunities and visits to our school in support of Fire Safety month. These are eagerly anticipated each year and we thank them for their efforts. The 4th graders are off to Straw-

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bery Banke to kick off their study of New Hampshire history and the 2nd graders are going to The Butterfly Place as a culmination to their study of the life cycle of the Monarch butterfly.

As you can see, there is a lot going on each day at our school. Remember that the School Board meets each month in the Swasey library at 6:15. This is usually on the second Monday although the next meeting is October 13 due to the Columbus Day holiday. Please try to check the Swasey School website (<http://scs.sau16.org>) regularly for new and updated information about classroom and school-wide events. In the meantime, mark your calendars so that you can attend our annual Grandfriends' Hour on Tuesday, November 23. The SAU 16 website (www.sau16.org) also has a wealth of resources and information available to you.

Joan Ostrowski, Principal

Update on Our Principal of the Year

Early this year Joan Ostrowski was honored as the New Hampshire Elementary Principal of the Year 2010. As she has said many times, she would not have been recognized as outstanding if her school were not outstanding. Thus her honor has also brought honor and recognition to the school.

One result of her recognition has been that she was named one of the 2010 National Distinguished Principals by the National Association for Elementary School Principals (NAESP). NAESP congratulated the 62 principals from across the nation and abroad who make up the 2010 class of National Distinguished Principals. These principals comprise the outstanding elementary and middle-level educators chosen this year by the states, the District of Columbia, and private and overseas schools.

Gail Connelly, Executive Director of NAESP, said, "At the helm of every successful school is a successful principal. Because of them, students thrive academically, teachers grow professionally, and communities are strengthened."

On October 14 Joan will travel to Washington, D.C., to participate in two days of activities honoring the National Distinguished Principals. The events will include a reception at the U.S. Department of State, opportunities to discuss issues facing education today, and a black-tie awards dinner and dance.

Linda Rousseau

Swasey Parent Faculty Group

Next Meeting: **Tuesday, October 19 at 6:30 p.m.** in the Swasey School Library.

Our first meeting was a great success, with familiar faces and lots of new ones too! Thanks to Charles Gargaly, School Board Chairperson, for coming and introducing himself to the group and highlighting the important issues on the School Board agenda this year. We also send congratulations out to the winner of the raffle, Kim Denman who won a VIP parking spot for Grandfriends' Day. We have another fabulous door prize for one lucky attendee of the October meeting, so come and join us!

Please remember to save **BoxTops for Swasey!!** We raised \$1,499 last year!! Let's try to beat that record this year!! Send them in to school with your child. There are also collection boxes at the Bartlett Library and Brentwood Town Hall. Sign up at www.BoxTopsForEducation.com to learn more about Box Tops and how you can help us increase our collection to meet our goal and more. Box Tops for Education will send Swasey up to \$20,000/year for collected Box Tops!! All at no expense to us!! So, have everyone you know clip their Box Tops and send them in!! We can do it!!!

Where should the Boxtops money go this year? We are in the process of deciding how to earmark the money earned from Boxtops this school year. Do you have a great idea? If so, we'd love to hear it. Please email us ideas: Swasey.pfg@gmail.com or come to the October meeting.

New Committee – The Parent Faculty Group has found a need to form an additional committee that will organize the Community Night events that we host each year. If you are interested in helping with these events please email us at swasey.pfg@gmail.com or come to our next meeting.

Find us on the Web – All the up-to-date information about PFG can be found on our web site: <http://swaseypfg.pbworks.com/>. You can also join our Facebook group, just search for Swasey Parent Faculty Group or click on the link found on our website.

Pam Carr, Publicity Chair

First Novel by Brentwood Author

Joyleen Seymour of North Road, writing as J.E. Seymour, has announced the release of her first novel. *Lead Poisoning* will be published by Mainly Murder Press on November 1, 2010. On November 4, Joyleen will be reading from *Lead Poisoning* at the Mary Bartlett Library. She has also had 16 short crime stories published. Website: <http://jeseymour.com>. *Lead Poisoning* will be available at Water Street Books in Exeter as well on Amazon.com.

Information from Joyleen Seymour

Mary E. Bartlett Memorial Library

How to Train Your Dragon is the Friday Night Flick planned for Friday, October 15. Remember that we now have a 6:30 p.m. screen time. This delightful movie is rated PG and will be enjoyed by the adults as well as the children...Join us for a fun family evening.

The Ladies' Night Movie scheduled for Thursday, October 21 at 7:00 p.m. is *Temple Grandin*. This is a truly inspiring story of an autistic woman who managed to overcome the terrible isolation imposed on her by her autism. Due to the constant support and encouragement of her mother and her aunt, Temple has succeeded in becoming an advocate for animals because of her amazing understanding and empathy. Ms. Grandin is also a best selling author. Join us for a really good movie, goodies and a door prize.

The Brentwood Bookers will be discussing *Last Night at the Lobster* by Stewart O'Nan, the chronicle of the last night before the final closing of a Red Lobster Restaurant perched in the far corner of a run-down New England mall. The staff is in near mutiny, and the manager has to confront the dilemma of navigating the tricky final shift, as well as what to do about his pregnant girlfriend, the waitress he is still in love with, and where to find the present that will make everything better. Join us on the last Monday of the month, October 25 at 7:00 p.m.

Looking forward to November ... Joy Seymour, local author, has a new novel coming out called *Lead Poisoning* on November 1, and she will be here on Thursday, November 2 at 7:00 p.m. to give us the low-down on her new book and how she manages to get published.

Toy Story 3 is scheduled for the Friday Night Flick on the November 3 promptly at 6:30 p.m. ... another good family evening.

Check out the Friends of the Library column for the excellent programs offered by both the Friends and the Benefactor. If you missed the Benefactor-sponsored Eyes on Owls program, we are really sorry, as it was one of the best programs we have ever offered. Watch the schedule and don't miss any of the other good programs!

For instance, the next Family Night Program sponsored by the Benefactor will be presented on Friday, October 22 at 7:00 pm when we will have Ben Kilham, a naturalist and a well-renowned bear expert from Lyme, NH presenting his program, *Food Sharing Social Behavior in Bears: What Bears Have Taught Me About Being Human*.

Ben has been featured in two National Geographic television specials, NBC Dateline, New Hampshire Crossroads, Boston Globe, Field and Stream as well as publishing his own book, *Among the Bears*, which is his first-hand account about raising a pair of orphaned bears in the spring of 1993.



A Bear and his Friend, Ben

Come join us and hear all the fascinating and intriguing discoveries about bears from the ultimate expert. You'll thoroughly enjoy the evening. Be sure to check out Ben's website at (www.benkilam.com).

Marilyn Morehead, Library Director

Friends of the Library

The next **Friends Meeting** will be held at the Library on **Thursday, October 7**. At 9 am, the **Gathering Committee** will meet to review some final details. At 9:30 the Friends general meeting will take place, when we will discuss upcoming programming and fund raising ideas. Please note – for those of you who would like to join the Friends but cannot attend daytime meetings, starting in January we will move our meetings to the 3rd Monday of the month at 7 pm! The next few meetings will be Thursday, November 4 at 9:30 am, Thursday, December 2 at 9:30 am, then Monday January 17 at 7 pm.

Our annual **Costume Swap** is back! We are offering a variety of gently used costumes, all washed and in very good condition. You can't beat the bargain price! We already have quite a selection, but it is not too late to donate your costumes in good condition. It's a wonderful way to help re-use your costumes, and offer a great value to our residents.

On **Friday, October 22** we will welcome wildlife biologist **Ben Kilham** to the library at 7 pm. Ben will tell us what black bears have taught him about being human! Visit Ben's website at www.benkilham.com to learn a little about the man and to check out some great photos! Our thanks to our generous Benefactor for sponsoring this event.

As mentioned, The Brentwood Gathering will take place on **Saturday, October 23** at the Brentwood Community Center. We are excited to offer you the chance to shop with many fine local crafters. It's a great place to get a head start on your holiday shopping. We

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are officially SOLD out of crafter tables! If you would like to help out that day, we can use volunteers in the kitchen, set-up and clean-up, and selling Friends items. Even if just for an hour, your help would be appreciated! Send an email to marybartlett76@yahoo.com if you can volunteer that day or if you would like to contribute a baked item for the kitchen. In addition to baked treats we will also have soups from Goody Cole's and sandwiches from Lindy's available in the kitchen.

Don't forget about all of the passes available through the Library. There is a display board of all the locations and the librarians will be happy to explain what each pass entitles you to. There are a lot of interesting places to visit in Maine, Massachusetts and right here in New Hampshire!

Remember, you can contact the Friends by sending an email to marybartlett76@yahoo.com. If you would like to reach the library itself, their address is bartlettlibrary@comcast.net.

Michelle Siudut

Report from Your State Representative

As October begins, some House and Senate committees continue to hold hearings (I have to be at a hearing on a performance audit of the state's community mental health service system October 7). And on October 13 the House and Senate will vote either to sustain or override the vetoes the governor has cast. But for the most part, legislators will be absent from Concord during this last month before the November 2 elections, as those who are running for reelection concentrate on their campaigns.

Democrats will do their best to convince voters that the Democratic-led legislature and executive have had real successes in education, health care, and the economy and have avoided a catastrophic budget meltdown. Republicans will do their best to refute Democratic claims and make a case that excessive government spending and onerous taxes have created the budgetary and economic problems New Hampshire is experiencing.

As a Democrat I have an opinion on those issues, but let me take off my Democrat hat and try to give you a dispassionate view of the current state of our state. We know that the unemployment rate has steadily declined since March, when it was at 7 percent. By the end of August it had gone down to 5.7 percent (compared to the national rate of 9.5 percent). This, though, is not a reason for complacency, for although the number of unemployed residents decreased by 510 in August, it still left a registered 42,290 people unemployed. That, I would say, is an unacceptably high number. And although 5.7% is very good in relation to the rest of the country (only the two Dakotas and Nebraska have lower rates) and the lowest east of the Mississippi, it still

compares unfavorably to our 2008 average unemployment rate of 3.8%. In short, we are doing well but are not out of the woods yet.

According to the Tax Foundation, New Hampshire's state-local tax burden, \$3,642 per capita, puts us in the lower half of states' per capita taxes (Connecticut's \$7,007 is the highest). Even better, as a percentage of per capita income, New Hampshire's 7.6 percent is the fifth-lowest in the country. That's not surprising, given our high per capita income and the fact that we have no income tax or across-the-board sales tax. In any event, as much as we hear complaints about taxes, we are relatively unburdened by them. Where we continue to have an unfair and, for some, onerous tax situation is with our property taxes.

Other indices also show New Hampshire is doing relatively well. For example, according to the US Census Bureau, NH has the highest standard of living and the lowest poverty rate in the country. And we have the lowest crime rate. In other ways we are better off than most other states, and certainly better than the national average. Take, for example, the percentage of state residents who have no health insurance, 10.4, compared to the national average of about 16 percent (some 50 million Americans). But we need to consider that the 10.4 percent represents 135,300 men, women, and children in New Hampshire who have no medical insurance coverage, a sobering fact by any measure.

I am among those who are campaigning. A sad fact of our political system is that candidates for public office spend huge sums of money on their campaigns. Happily, that doesn't apply to NH state representatives. Unlike most candidates for the legislature, when I filed my candidacy with the Secretary of State, I voluntarily agreed to limit my campaign expenditures to the amount set by statute. For state representative candidates who limit their spending, the amount for the primary is 50 cents per registered voter, and the same amount for the November 2 election. Brentwood has 2,717 voters, which limits my expenditures to \$1,358.50 for the primary and the same for the general election. I spent far less than the \$1,358 for the primary. For November 2, the biggest drawdown on my funds will be for printing and mailing pamphlets or post cards. Pamphlet printing is too expensive for my limited finances, so two or three mailings of post cards will have to do.

Another big-ticket item is signs. I have no idea how effective or ineffective signs are in helping convince voters to vote and, in particular, to vote for one candidate over another. But putting up signs is a time-honored practice, so who am I to fail to put some up? Then there's the question of what color to use. I had some signs left over from when I ran before. They're red, white, and blue. Can't go wrong with that combination. Unfortunately, the cost of getting signs made has gone up, and signs of three colors are significantly more expensive than two colors. So I opted for two.

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Now, the big decision, what color is most effective? I didn't think about this when I chose red letters on a white background. Turns out that my choice wasn't bad. I've since learned that blue is a restful and calming color, said to be the favorite of most people. Too much blue or some shades of it, though, can send a cold uncaring message. Green is another restful color, pleasing to the senses, but it can be associated with money and wealth – not necessarily traits compatible with the image of a state representative. And then there's my choice. White is the color of purity and cleanliness; and of course I'm an honest legislator who can't be bought. Red is the color of energy and is often where the eye looks first. But sign buyer beware, it should not be over used. That shouldn't be a problem, given my limited budget. The amount of signs I bought will but sparsely sprinkle the 17 square miles of Brentwood.

Don Petterson

Phone: 772-4519

e-mail: donpetterson@gmail.com

Blog: <http://statereport.blogspot.com>

Town Food Pantry

The Food Pantry for the Town of Brentwood is housed at Pilgrim Church on Middle Road. If you are able, please help us restock the shelves by bringing in non-perishable food items and paper goods. We are in particular need of juices, pasta and pasta sauce, rice, tuna, peanut butter, jelly, cereal, condiments, soups, coffee, dish and laundry detergent, paper towels and bathroom tissue. Please avoid glass jars or bottles. And please be sure that the food safe date has not expired.

Swasey School fifth grade students are in the midst of a food drive which will help greatly. A collection box has also been placed at the Town Office. You may bring your donations to either of those locations or bring them directly to the church. Thank you for helping your neighbors.

If you would like to make use of the pantry, please call 778-3189 for an appointment.

Rev. Kim McKerley

Craft & Vendor Fair

Pilgrim United Church of Christ Brentwood-Kingston (197 Middle Road) will be having a Craft & Vendor Fair on **Saturday, October 16 from 9:00 a.m. - 2:00 p.m.** Two floors (handicap accessible) of crafts (including Halloween, Thanksgiving, and Christmas,) vendors, a Boutique Table, and a Silent Auction will offer lots of variety for shoppers. A luncheon of "made-to-order" sandwiches and Oscar Mayer hot dogs will be available beginning at 11:00 a.m. If you would be interested in renting a table, call Faith at 679-9537 to inquire about availability.

Faith Levesque

Brentwood Seniors

The Seniors' next meeting will be **Wednesday, October 27**, at the Brentwood Community Center. It will be a meeting with potluck lunch following. Members and friends will come at **11:00 am** for a social hour with appetizers. President Gene Orcutt will begin the meeting at 11:30, after which the lunch buffet will open. The speaker will be a member of the Police Department, talking about issues of importance to seniors.

The Annual Fall Luncheon this year will include a show, as the group will travel to the **Amesbury Playhouse** for the event. The date is **Wednesday, November 17 beginning at 12 noon**. Members are welcome to bring friends, and Brentwood residents are urged and invited to come along, as there will be plenty of room. The cost per person is \$32.00. There will be car-pooling that day from the Community Center parking lot to save everyone from driving alone in a car.

Everyone attending will need to make a menu choice beforehand and let Sandy Thorsell know. The menu choice and check payments can be given at the October meeting of the Seniors. Here are some details: **Name of the play:** "Don't Dress for Dinner."

Menu choices:

Queen Cut Prime Rib	Rib Eye Steak
Chicken Cordon Bleu	Baked Scallop Casserole
	Baked Stuffed Pork Chop

For questions and more information, feel free to call Sandy Thorsell at 772-4476. For other information about the Seniors call the president Gene Orcutt at 642-4597.

Brentwood Gardeners

The Gardeners had an excellent evening at their meeting of September 22nd. The refreshments organized by the Hospitality Chairman Al Franklin were a wonderful way to start the evening. During the business meeting, president Diantha Wade announced that Joan Davis was stepping down after several years as treasurer, and that Gladys Metcalf-Ray would take on the duties. A visiting speaker from Delahunty Nurseries in Windham presented an interesting program on hydrangeas. Several people were present who had a special interest in hydrangeas, and many questions were answered.

The next meeting will be on **Wednesday, October 27, 7:00 pm at the Community Center**. Daryl Hoitt from Red Fox Farm in Gilmanton will talk about herbs and their many uses for cooking and medicinal purposes. The meeting is open to anyone who is interested. For interesting information about Red Fox Farm see their website www.redfoxfarm.org.

For questions or information about the Gardeners call Diantha Wade, president, at 772-5217.

More from the "Green Fairy"

Yes, trees do take in CO₂, but they give off O₂, which is fortunate for us, because that is the fraction of the atmosphere we need to breathe to live. Sometimes when you walk into a woody area that is thickly populated with trees, ferns and other undergrowth, it can make you a bit dizzy for an instant since it is such an oxygen-rich environment. The air quality around here is very good since we have so much wooded land and little traffic and industry. One of the indicators of air quality is the presence of lichens on trees. We have lots of them here. Lichens are a combination of algae and fungi living in symbiosis, one providing the food for the other. When air quality becomes poor, the lichens die, so keep an eye out. That's how you'll know.

The most important air quality is that inside the home. Since the air is confined, for the most part, it becomes easily fouled. The movement towards fragrances the home contributes to this. How bad could a house possibly smell? Breathing in all those oil molecules is not good for the lungs. This is why the manufacturers have slowly begun to move towards using essential oils. This is much healthier because the body can eliminate these from the system just by exhaling and they don't remain in the body for much more than two hours. The worst ones are the ones that fire off every time someone walks past. This ups the concentration considerably, and, unless the windows are open, it goes mostly into the lungs.

There are plants that can help purify the air in the home. They all give off oxygen, but some, such as Christmas cactus and spider plant actually absorb some of the pollutants of indoor air. Using natural fabrics is another way to unpollute indoor air. Synthetics are made of various combinations of resins, plastics and olefins, which, when used indoors, give off noticeably nasty odors. This is called off-gassing, and is not healthy, because some of them can accumulate in the fat in our bodies. People with allergies, however, don't do well with natural fabrics, because they give off more lint and can harbor more dust and spores. There are some synthetics that are made responsibly that are safe.

Opening the windows is a great way to freshen the house. A good kitchen fan, if it opens to the outside, or bathroom vent, can change the air in a whole house in about an hour. Vacuuming beds, curtains, couches and cushions helps remove body soil and dust mites, and noticeably helps respiratory health. And instead of Febrezing everything, make a spray with rubbing alcohol, lavender, eucalyptus or lemon essential oil which actually kills dust mites. You see, odors are not bacteria flinging themselves at us thinking "die! die!" Bacteria can be suspended in a cough or a sneeze, which can be breathed in. But for the most part they remain in the litter box, garbage, or wherever they show up. Food odors are fat droplets and water vapor suspended in the air and we smell them. They also build up on curtains, walls, floors, stoves, etc. Washing them off is the best

way to get rid of them. Skin oil, sweat, perfume, lotion all deposit on couch cushions, bed linens and clothing and can cause odors, but they smell when they build up or become rancid. Cleaning them off is preferable to disguising them with other, stronger odors. This will prolong the life of fabrics in the home. Objectionable odors are the molecules given off in the decomposition process, not really germs. If the toilet is flushed, the garbage emptied and the litter box is clean, they should be minimal. Actually a certain level of exposure to bacteria is essential for a well-functioning immune system, but that's another story.

Bonnie Gunther

A Comedy Night for "Keep Sound Minds"

We are sponsoring a comedy night in Lawrence, MA on **Friday, Oct. 15 at 8pm** to benefit Keep Sound Minds. Just \$25/ person to see four excellent, well-known New England comics! It'll be a great adults-only fun night out with laughs and friends – "Comedy at the Claddagh" featuring Jimmy Dunn, Johnny Pizzi, Dave Rattigan and Dan Crohn. The Claddagh is located at 399 Canal Street, Lawrence. There is plenty of free parking next door. Doors open at 7 p.m. and the shows starts at 8 p.m. Ticket are available for \$25.

Sometimes Laughter is the Best Medicine

KSM was founded in 2008 after the January 11th tragedy left us without our two children, Kaleigh and Shane Lambert, along with their Aunt Marci. It is a non-profit organization that has been trying to raise awareness about mental illness. While we know that mental illness is a very serious topic and no laughing matter, we realize that it is also important for one's own mental health to take an occasional break from the seriousness of these issues.

Photos and information about the comedians can be found at our website www.keepsoundminds.org. For other questions and ticket purchase information contact Vicki at victoria@keepsoundminds.org.

*Ken and Danielle Lampert
Deerhill Road*

Sympathy

Deepest sympathy and friendship are extended by their friends and neighbors to the family of Chelsea E. Fuller, 17, of Prescott Road, who died September 14 at Anna Jaques Hospital, Newburyport, of injuries received in an automobile accident. Born in Exeter, she was raised in Brentwood and educated in the Brentwood and Exeter schools. She was a member of the Exeter Swim Team for several years and was also a cheerleader for the Nor-Rock Vikings and the Prime Time Cheering Squad of Rochester. She was a very outgoing person who enjoyed her many friends.

Historical Society

The Brentwood Historical Society had two fine events in September to begin the fall season. At the regular monthly meeting on September 9 Kathleen Demeritt was the guest speaker, sharing her recollections of "Old Route 125/ Crawley Falls Road" from 1950 onward. The room was filled with interested listeners, relative newcomers and long-time residents, many of whom joined in to confirm what Kay remembered and add their own memories. The program was videotaped and recorded for future reference. Several residents of Crawley Falls Road assembled for a photo, below.



Standing from left, Lillian Russo, Ernie Russo, Ken Smith, Kathleen Demeritt, Phyllis Thompson and Duane Demeritt. Kneeling, Greg Bouchard, Alysia Bouchard and Bill Dow.

On September 24 members of the Society were treated to a guided tour of the *USS Albacore*, the historic submarine in Portsmouth. Ken Herrick of Lake Road, who worked with the *Albacore* for 11 years at the Portsmouth Naval Shipyard as the experimental sub evolved, and who is now a volunteer member of the Portsmouth Submarine Memorial Association, gave the group a special tour. The members then stopped for a picture by the unique X-configured stern of the vessel.



From left, Al Belanger, Sandy Thorsell, Harry Taylor, Linda Rousseau, Alma Vahey, Frank Northrup, Maureen Menter, Nancy Maynard, Norman Lemoine and Norma Dodge.

"Chores of Yore" Saturday, Oct. 23

An exciting new one-day exhibit called "Chores of Yore" will be offered at the Historical Society on **Saturday, October 23, from 10 am to 1 pm.** Families are invited to stop by with their children and see:

- How the laundry used to be done, with tubs, wash-board, wringer, and clothesline.
- How clothes were ironed, with the old irons.
- How apple cider was made with an apple press.
- How wood was cut for fireplace and stove.

Inside the museum, the one-seater outhouse, Jenny Shannon's wagon, Mary Bartlett's dolls and dishes will be added attractions. The public will be welcome at no charge at this event.

Linda Rousseau for the Historical Society

Brentwood Recreation News

Thank You to Connor Ball and the many people and businesses that supported him in his effort to refurbish our canoe/kayak trailer. Connor worked many hours on this as part of his Eagle Scout project. Thanks to Connor's efforts, town residents can now transport multiple canoes or kayaks from the BRC garage. Thank you, Connor, for all your time and effort to help the Recreation Department!

Youth Basketball

Sign-ups for our 2010-2011 Youth Basketball programs begin October 4th.

We offer coed teams for Kindergarten, 1st/2nd and travel teams for Girls and Boys 3rd/4th, Girls and Boys 5th/6th and Boys 7th/8th.

Registration cost: K-2nd \$25, 3rd-4th \$40, 5th-8th \$45. Max \$90/family.

Sign-up forms are available at the Recreation Office or online. **Deadline is October 26.**

Coaches meeting will be November 2 at 6:30pm.

The Coyote Club is Returning to Brentwood!

Coyote Club Wilderness

Education Class

Coyote Club is designed to introduce children to nature-based studies, native crafts and environmental stewardship. The program includes survival skills, wilderness awareness, navigation/mapping, animal signs and much more! The program is designed for kids grade K-5. The six week course runs **Monday afternoons from 3:20-4:30pm.**

October 18 – November 22.

Cost is \$65. Space is limited.

Registration forms are available at the Recreation office. See www.nhecology.com for more detail.

Continued on page 10

Continued from page 9

Fall Soccer

Our season began Saturday, Sept. 11. Schedules are available on our website.

Try your luck at Foxwoods!

Our next trip to Foxwoods Resort Casino will be Monday, October 18. Cost: \$35 per person.

Trip includes coffee/doughnuts on the way down and water/snack on the way back; free \$15 bet; free buffet lunch. Bus leaves the Brentwood Recreation Area at 7:30am and returns approx. 7:30pm. Please mail in your contact information with check, or contact the Recreation office to sign up.

New Night!

Zumba Toning Classes

Wednesdays Sept. 22 - November 3, 6:30-8:00pm

Zumba® is a Latin-inspired dance fitness cardio-based workout that, with incorporated sculpting exercises, tones the entire body top to bottom. This class takes the original Zumba dance fitness program to the next level, utilizing an innovative muscle-training protocol and the addition of lightweight toning sticks or dumbbells. This combination of cardio and dynamic resistance exercises is an effective use of progressive light weight training to improve overall performance. You'll have so much fun listening to the music, doing the steps and moving your body you will forget you are exercising!

Please wear comfortable clothing and sneakers (older worn sneakers work best). Bring water! Toning sticks provided by instructor or bring your own dumbbells (please no more than 3 lbs each)

Drop-ins welcome! (\$10.00)
Zumba to a new level!

Yoga Classes

Six weeks for \$48 \$10 drop-in

Registration is ongoing, so you may join at any time.

Tuesday evenings 6:30 to 7:45 PM

Brentwood Community Center

These will be yoga classes for anyone who has already experienced yoga, as well as for someone who would like to try yoga for the first time. Dress in comfortable clothing for this hour-and-fifteen minute class to enjoy the benefits of yoga for strength, flexibility, and for stress-reduction in your life. **Come join us!**

All-levels yoga classes, taught by Yoga Alliance Certified Instructor, Wilhelmina Bradley, RYT.

Tang Soo Do Classes

Tang Soo Do is a Korean Martial Art that emphasizes whole-body self defense and physical training. It is a true Martial Art composed of both hard and soft techniques. Training in Tang Soo Do is beneficial for self discipline, self defense and health. Classes are taught

by Retired Law Enforcement officer Bob Meegan. He is currently a 3rd degree Black Belt with the World Tang Soo Do Association.

Classes are available **Monday and Friday** at the Brentwood Community Center, **6:30-8:00 pm**. Enrollment is continual, so you may begin at any point.

Cost: \$50/single per month
\$90/family per month (2 or more).

For more information contact instructor Bob Meegan at 742-3565 or contact the Recreation office.

Remember.... We have kayaks and canoes available, at no charge, for town residents to use. Call the Recreation office, if you are interested in borrowing them.

Facilities Rental

Consider having your meeting, birthday party, shower, or other events at our facility. Brentwood residents receive a 50% discount off the rental rates! See our website for pictures of the Center and rental application or pick up an application at the Recreation office.

Check out the Recreation pages on the town website, www.brentwoodnh.gov. Forms are there to be downloaded for your convenience, as well as other important information about current programs and events.

Margaret Dullea, Recreation Director

(603) 642-6400 ext. 20 recreation@brentwoodnh.gov

Office hours: Mon. Tues. & Thurs. 8:30am-3:30 pm.

Commission meetings 4th Tuesday of the month at 6:30 pm.

A Dog Needs to be under Control at All Times

A resident who walks her dog regularly witnessed a scene last week that left her sick for days. She watched a dog up in a yard, running happily from one house to another, then suddenly bounding toward the street where a car was approaching. The next instant the dog was writhing in the street, screaming with pain. The dog owner was nowhere around and didn't even know the dog was hit. The driver of the car was so upset that she needed attention before she could safely drive on.

The dog-walking resident makes the point that misery like this can be avoided only if dog owners will show their care and protection of their dog by keeping it restrained or confined so that it can **never** run into the path of an oncoming car.

Linda Rousseau, Editor

The Green Griffin

Shannon Griffin,
Manager & Lead Designer

at Brentwood Farms, 22 Lake Road, Brentwood

Ph. 603-347-1957
flowergirl_griffin@yahoo.com

Grand Opening Weekend October 8-10

Brentwood residents who have missed seeing activity at the Brentwood Farms Flower Shop will be glad to learn that a new business is in place there this month. Joe Gancarz, owner, has welcomed "The Green Griffin," managed by the veteran floral designer Shannon Griffin. Many people know her as the former manager of "Churchill's by Design Flower Shop" in Exeter. Shannon has degrees in Horticulture and Business from the University of New Hampshire and has had experience in everything from weddings and funerals to a lead design role in a local movie premiere.

The motto of the shop is "Floral Elegance and Fine Gifts, Sensibly Priced." It will offer design, style and quality that is hard to find at the local grocer or online. All flowers will be personally selected by Shannon, insuring highest quality and freshness.

In addition to her beautiful creations for the home, special occasions and memorials, an unusual range of services will be provided. For **corporate accounts**, fresh flowers for office lobby, function rooms or guest areas, and container gardens with regular maintenance. For loved ones in assisted care facilities, **floral therapy**, an hour creating a personal floral display, brightening their day and letting them know how much you care. These are already very well received – please book well in advance. There will be **classes** at the shop, at private parties, local retirement homes and garden clubs. Also **photographs** Shannon has taken around the world, custom matte framed to order, many from a tour of the Italian countryside last year. There are a variety of **gift offerings**, and **favorite coffees from the Hawaiian Islands**. There are **year-round Christmas selections**. Delivery in the local area will be available.

"The Green Griffin" will celebrate its Grand Opening Weekend October 8-10, leading into the holiday season, when Joe Gancarz's famous Christmas wreaths will be offered along with the other glorious seasonal items. Stop in to say hello and get acquainted with Shannon at "The Green Griffin."



Shannon Griffin

A *Newsletter* Business Article

Filling Shoe Boxes for Operation Christmas Child

The First Baptist Church of Brentwood will be hosting the Fall Meeting of the Southeastern Association of American Baptist Women on Wednesday, October 20. The guest speaker will be Joyce Swain of Hampton Falls, who is the District Coordinator for Operation Christmas Child, a Christian humanitarian outreach to the children of the world.

Shoe boxes are filled with age appropriate toys, games, hygienic items, socks, school supplies, T-shirts, hats and gloves, to be delivered to children in desperate situations, both here in the States and abroad, to areas ravaged by war or floods or earthquakes, in remote areas and to orphanages. Thousands will go to Haiti this year, among other destinations, both here in the USA and overseas.

We would like to invite anyone to learn more about the project. The meeting begins at 9:30 and is over by noon. If you'd rather not sit in on the meeting

but would like to talk to Joyce, come at noon. Boxes and brochures will be available for you to take home and fill.

Last year our small church filled over 161 boxes, thanks in part to some of you townspeople who joined in this project to send love and joy to children who have little. Boxes will be available for the next month in the entry of the vestry. They may be brought back and left there or inside until November 10 when we must deliver them to the collection point. The Baptist Church is on the corner of North Road and Rte. 125. And please know that you are always welcome at our little brick church on the hill, with or without boxes!

If you want more information my number is 679-8635.

Alma Vahey

P.S.: There are Scout patches available if any boys or girls would like to participate by filling a box.

Craft & Vendor Fair

Saturday, October 16 9:00 a.m. - 2:00 p.m.
Pilgrim UCC Church, 197 Middle Road

Two floors of crafts including Halloween,
Thanksgiving and Christmas
plus
Vendors, a Boutique Table, & Silent Auction

Lunch available beginning 11:00 am.
To rent a table, call Faith at 679-9537.

be scary to younger children. (If it rains, the walk will be cancelled.)

Diane and Donald Cook

10th Annual Craft Fair!

*Brentwood
Gathering*

Saturday, October 23rd

9 am - 3 pm

Brentwood Community Center, Rte 125, Brentwood NH

Handmade and Homemade Items by local crafters!

Free parking/free admission!

Sponsored by the Friends of the Mary Bartlett Library.

"Chores of Yore"

Saturday, Oct. 23, 2010 10:00 am - 1:00
pm
Brentwood Historical Society
Museum

140 Crawley Falls Road

A one-day exhibit, outside and indoors

- How laundry was done, with wash tubs, scrub board and wringer.
- How ironing was done, with the old irons.
- How apple cider was made, with an apple press.
- How wood was cut, for fireplace and stove.

Families with children invited to stop by. No charge.

Arts Weekend at The Theatre at Grace Ministries International

Sat., Oct. 23, 10:00am-12:00pm "Prophetic Art"

7:00-9:00pm "Hip Hop Performance"

Sun., Oct. 24, 7:00pm - Christian Academy of Dance performs "Much Afraid," an original ballet inspired by the book *Hinds Feet on High Places*.

Please call GMI's office for more information and for prices (603-642-7848).

Trick or Treat Night Saturday, October 30, 5 - 7 pm

**Residents please have a porch light on
if you are ready for visitors.**

Haunted Happenings

Come join us Trick or Treat night, from 5-7 pm at 58 Lake Road, for a family friendly haunted walk through our backyard. Lots of scares!!
Parental Discretion Advised -- some scenes may

Pilgrim Church Harvest Supper

Pilgrim Church's 43rd Annual Harvest Supper will be held on **Saturday, November 6, 2010**, at the **Swasey School** on Route 111A in Brentwood. There will be seatings at **4:30, 5:30 and 6:30**. The all-you-can-eat Roast Turkey Dinner will be served family style and will feature turkey, mashed potatoes, stuffing, butternut squash, and a wide variety of **HOMEMADE PIES** for dessert. Make this delicious meal your family's night out. Tickets will be available at the door, but for your convenience, advanced tickets can be purchased:

- In Brentwood - at Brentwood Country Store (Lindy's) on Route 111A.
 - In Kingston - at Clark Oil on Main Street.
 - In Exeter - at Arnold's Bakery Store on Lincoln Street.
- The price is \$10 for adults and \$5 for children under ten.

Gene Orcutt

orcu416@surfglobal.net

CALENDAR OF EVENTS

- Oct. 5 Selectmen's meeting – 7:00 pm, Cross Room, Town Office Building
- Oct. 6 Budget Committee – 7:00 pm, Cross Room, Town Office Building
Cemetery Trustees – 7:00 pm, Town Office Building
- Oct. 7 Friends of the Library – 9:30 am, Mary Bartlett Library
Planning Board – 7:00 pm, Cross Room, Town Office
- Oct. 12 Selectmen's meeting – 7:00 pm, Cross Room, Town Office Building
- Oct. 13 School Board – 6:15 pm, Swasey School
- Oct. 13 Conservation Commission – 7:00 pm, Cross Room, Town Office Building
- Oct. 14 Historical Society – 7:00 pm, Historical Society Museum
- Oct. 15 **Flu vaccine clinic – 8:00am-9:00am, Town Office Building**
Friday Night Flick – 6:30 pm, Bartlett Library. "How to Train Your Dragon."
- Oct. 16 **Craft & Vendor Fair – 9:00 am – 2:00pm, Pilgrim Church, 197 Middle Road**
- Oct. 19 Parent-Faculty Group – 6:30 pm, Swasey School Library
Selectmen's meeting – 7:00 pm, Cross Room, Town Office Building
- Oct. 21 Planning Board – 7:00 pm, Cross Room, Town Office Building
Ladies Night at the Movies – 7:00 pm, Bartlett Library. "Temple Grandin."
- Oct. 22 **Ben Kilham, wildlife biologist – 7:00 pm, Bartlett Library. "Food Sharing Social Behavior in Bears"**
- Oct. 23 Supervisors of the Checklist – 11:00-11:30, Town Office Building
Brentwood Gathering – 9:00 am – 3:00 pm, Community Center, Rte. 125
"Chores of Yore" exhibits – 10:00 am– 1:00 pm, Historical Society Museum, Crawley Falls Rd.
Arts Weekend at The Theatre – 10:00-12:00 and 7:00-9:00. Grace Ministries. See page 12.
- Oct. 24 **Arts Weekend at The Theatre – 7:00 pm, Grace Ministries**
- Oct. 25 Library Trustees – 6:30 pm, Bartlett Library
Brentwood Bookers Discussion – 7:00 pm, Bartlett Library
- Oct. 26 Selectmen's meeting – 7:00 pm, Cross Room, Town Office Building
Recreation Commission – 6:30 pm, Sanborn Room, Town Office Building
- Oct. 27 Brentwood Seniors – 11:00 am, Community Center. Police Dept., "Issues of Interest to Seniors."
Brentwood Gardeners – 7:00 pm, Community Center. "Herbs" with Daryl Hoitt, Red Fox Farm, Gilmanton
- Oct. 30 **Trick or Treat night, 5:00-7:00 pm.** Residents have porch light on if ready for visitors.
- Nov. 1 Trails Committee – 7:00 pm, Town Office Building
Firemen's Association – 7:30 pm, Fire House
- Nov. 2 **Election Day. Polls at the Community Center open from 8:00 am – 7:00 pm.**
- Nov. 3 Cemetery Trustees – 7:00 pm, Town Office Building
- Nov. 4 Friends of the Library – 9:30 am, Bartlett Library
Planning Board – 7:00 pm, Cross Room, Town Office Building
Joyleen Seymour – 7:00 pm, speaking on her book and how to get published
- Nov. 5 **Friday Night Flick – 7:00 pm, Bartlett Library.**
- Nov. 6 **Pilgrim Church Harvest supper – seatings 4:30, 5:30, 6:30, Swasey School**

The public is welcome at all above events

The Brentwood Newsletter

c/o Linda Rousseau, Editor
90 Prescott Road
Brentwood, NH 03833-6501

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