

Brentwood NEWSLETTER



Volume XXXVI No. 5

Brentwood, New Hampshire

May 2012

Memorial Day - May 28, 2012

**Location: Tonry Cemetery, Rte. 111-A,
Brentwood, New Hampshire**

**"It is foolish and wrong to mourn the men who died.
Rather we should thank God that such men lived."
Gen. George S. Patton Jr.**

This Memorial Day we will be having our annual dedication to those service men and women who gave their lives so that we may have our freedoms. Our service will start at 8 am and will conclude at 8:30 am. We will be having the Epping American Legion come by and dedicate a wreath to our departed. There will be a short speech and other dedications.

Please come and bring your children so they may learn more about **WHY** we have a 3-day weekend on Memorial Day, and its cost. We would also challenge all of you to bring others with you this year. Thank you in advance for your participation.

Any Veteran interested in participating, please contact Jon Worrall, USA Ret at 603-566-8450. Uniforms are not necessary but requested. Let your neighbors see and understand your sacrifice.

There will be a continental breakfast following the ceremony sponsored by the **Amanda's Way Neighborhood**, with the hall donated by the **Pilgrim Church**.

Come join other patriotic Brentwood residents for some friendship and good coffee.

*Jon "Chief" Worrall
SFC USA Retired
SGLI/CRSC Ambassador
Soldiers Helping Soldiers*

May Recycling Pick-Up Dates

**May 8 & 9
May 22 & 23**

Keeping the Cemetery Attractive for All

It's that time again when the Cemetery Trustees would like to remind folks about the rules and regulations that have been developed to insure that the town's Tonry Cemetery remains a tranquil and attractive area where families can visit the final resting place of loved ones buried there.

All should remember that when placing decorations at a grave, one must be considerate of those visiting adjacent gravesites.

To this end, a complete list of rules that must be followed - including the required permits that must be filed for any activity related to burials and monuments - is posted in the kiosk at the entrance of the cemetery. The Rules and Regulations booklet is available at the Town Office, but below are a few extracts.

Flowers and Grave Decorations

- Cut flowers, plastic or silk flowers, and decorations left at a grave must not interfere with the maintenance of the site nor be allowed to become unattractive. The Superintendent is charged with removal of such items at his / her discretion when they become unsightly or hinder the discharge of the responsibility to keep the cemetery grounds attractive.
- Flowers may be planted around the base of the monument, but must be contained within an area not more than 12 inches from the base and must be located within the confines of the Lot and not in any pathway adjacent to the Lot. Should the plantings become overgrown and unsightly, or be discovered to be outside the parameters stated, the groundskeepers are authorized to take steps to remove them.
- Flower pots, baskets, and small urns may be used providing, where there is space, they will rest on the base of the monument and not on the ground where they will need to be handled by groundskeepers.
- Glass containers are not permitted.
- The Trustees are charged with providing normal maintenance, such as timely mowing and trimming, but individual Lot Owners are obliged to render special, individual care that is in keeping with these Rules and

TOWN OF BRENTWOOD On the Web: www.brentwoodnh.gov**TOWN CLERK and TAX COLLECTOR:**

Phone: 642-6400 X 14

Mon., Wed., Thurs. 9:00-4:30
 Tuesday 9:00-8:00
 Friday 8:30-4:00
 Saturday 9:00-12:00

TOWN ADMINISTRATOR

Phone: 642-6400 X 10 Fax: 642-6310

Monday–Thursday 8:00-4:00
 Friday 9:00-1:00

MARY E. BARTLETT LIBRARYPhone: 642-3355 E-mail: bartlettlibrary@comcast.netOn the Web: www.brentwoodlibrary.org

Monday 2-7 Thursday 9-5
 Tuesday 9-5 Friday 9-1
 Wednesday 9-5 Saturday 9-1

Story Hours: Tuesday 10:30 and 2:00 Wednesday 10:30

SWASEY CENTRAL SCHOOL

Phone: 642-3487

Swasey on the Web: <http://scs.sau16.org>SAU 16 on the Web: <http://www.sau16.org>

Continued from page 1

Regulations. Watering, weeding, and other special care required of plantings are not the responsibility of the groundskeepers.

- Flag holders must be placed close to the monument so as not to require movement when mowing.
- *In general, structures and objects that interfere with mowing -- other than as authorized above -- are not allowed and will be removed from the site.*

*Brentwood Cemetery Trustees***From the Town Clerk**

- The Town Clerk's Office will be closed Monday, May 28 for the Memorial Day Holiday and on Wednesday, June 6, to allow staff to attend the Town Clerks' Spring Workshop.
- Boat registrations can be done at Town Clerk's Office. Bring two checks or cash.
- Fines for unregistered dogs shall be imposed beginning June 1. Please register your dog.

*Phyllis Thompson, Town Clerk/Tax Collector***Waste Tonnage Figures**

	<u>February</u>	<u>March</u>
Tons, mixed solid waste	102.67	100.48
Tons, recycled goods	27.98(21.4%)	28.91(22.3%)

Household Hazardous Waste Collection Dates

The 2012 Household Hazardous Waste Dropoff Dates and locations Brentwood residents can use are:

Date: **Saturday May 19, 2012**

Time: 8:00 a.m. through 12:00 noon

Place: Old Hampton Town Office/Fire Sta. parking lot Academy Ave. & Winnacunnet Road, Hampton, NH

Date: **Saturday September 22, 2012**

Time: 8:00 a.m. through 12:00 noon

Place: Brentwood Highway Garage Rte 111A, Middle Road, Brentwood

Brentwood residents may use either or both dates and locations. Brochures are available at the Town Office indicating the acceptable items.

Brentwood Democratic Committee to Meet

The Brentwood Democratic Committee will hold a meeting on Monday, May 7 beginning at 7:00 pm, at the Mary Bartlett Memorial Library. The public is invited to attend. For more information please call Liz McConnell at 772-7484.

*Liz McConnell***THE BRENTWOOD NEWSLETTER**

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Linda Rousseau, Editor, 580-2358 Marion Arkell, Treasurer, 772-6314
 Jim Clark, 580-1012 Brad Stevens

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Deadline for June Issue: Friday, May 25

Mail your articles to Linda Rousseau, 156 Front St., # 417, Exeter, NH 03833,
 or e-mail to lindarou@comcast.net

The Mary E. Bartlett Memorial Library

The library has become a colorful place of late! The outside gardens are coming into bloom while Brentwood student artwork is blossoming inside – please stop by to enjoy all of the masterpieces.

Are you looking for new employment or trying to find a summer job? The library has acquired **Cypress Resume**, an online tool that helps you effortlessly create a professional resume in just a few minutes. Its easy-to-use format assures you won't spend hours trying to perfect your document—all the hard work is done for you! Simply plug in your basic information (as little or as much as you'd like), and Cypress Resume creates a perfectly formatted document to help you land that dream job. **Create a fantastic new resume today!** To access Cypress Resume, drop by to use the library computers or visit the library website at www.brentwoodlibrary.org (you will need your library card number in order to use the program from home.)

Did you know that you can access your library account remotely 24 hours a day? Log on from home or work to renew your items, reserve new ones, or check the due dates on items you already have out. Just stop by the circulation desk to set up a remote username and password – it's so easy!

Friday Night Flicks continue on **May 11** at **6:30pm** with the new “**Muppets**” movie (rated PG.) We'll provide the popcorn and you may bring the water bottle.

On **Wednesday, May 16** from **2pm to 4pm** we welcome all adult **Scrabble, Mahjong** and **card players** to an afternoon of games at the library. Bring along your favorite board game or deck of playing cards and we'll provide the ambience!

Ladies Night Movie will be held on Thursday, **May 17** at **7:00pm**. We will be showing “**One for the Money**” based on Janet Evanovich's popular Stephanie Plum series.

We hope you will come out and support the **Friends' Books and Blooms Sale** on **May 19**. The group has been busy setting up for what looks to be a fantastic event with lots of great deals. Please support the hardworking Friends of the Mary E. Bartlett Library!

The **Brentwood Bookers** will be meeting on Monday, **May 21** at **7pm** for another stimulating discussion. As of this writing, the title was undetermined. Please call the library for more information.

Last, but not least, the next Library Trustee meeting will be held at the library on **Monday, May 14** at 6:30pm. As always, the public is welcome to attend.

Check it all out at your library! Happy Mothers' Day!

Betsy Solon, Library Director

Friends of the Library

With this great weather we are having I am sure we are all thinking about our gardens and our reading pleasure. Then mark your calendars for Saturday, May 19 when the Friends host their annual Books and Bloom Sale. The sale runs from 9am-noon and will take place in the basement of the library. Fill a bag for only \$5! Also, the Brentwood Gardeners will be behind the library with their annual plant sale. Plant prices are very reasonable and sell out fast. Please join us, but no early birds!!!

Please remember the library has a great selection of passes available to our residents. We have two new passes for your enjoyment. The first is the Seacoast Science Center, located in the beautiful Odiorne State Park in Rye, NH. The center offers a wide range of exhibits and programs for all to enjoy. The other is Squam Lakes Natural Science Center, located in Holderness, NH. This center offers animal exhibits, natural science education and lake cruises. Come by the library to find out about these new passes and all the other passes we offer. You can also check out the library's website at www.brentwoodlibrary.org for more information on all the passes.

Speaking of passes: Did you know that all acquiring of passes, programming and fund raising is done by The Friends of the Library volunteers? The dedication of this group has been amazing over the years. We continue to welcome new members that want to join this fun and casual group. Join us for our next meeting on Thursday, May 10 at 9:30 am.

If you are interested in receiving email reminders about upcoming events simply email marybartlett76@yahoo.com and we would be happy to add you to our list. We do not share this information with anyone else.

Cheryl Scott

Brentwood Graduates

The *Newsletter* is interested in news of Brentwood residents who have earned a diploma, certificate, degree or associate's degree. Exeter High School will supply us with the list of its Brentwood graduates, which will appear in the July/August issue of this *Newsletter*. But we need the help of families and friends to learn about all others. Don't be hesitant to let us know about your graduates. They deserve our recognition and their families deserve credit for the support they've given. Please call or e-mail me – lindarou@comcast.net or call 580-2358 -- with your information. Thank you.

Linda Rousseau, Editor

Brentwood Gardeners

The Gardeners' meeting in April had members and visitors focusing on the topic of the evening, the Exeter River. To start things off, everyone was asked to tell of a special experience or memory of living beside a river or other body of water, the Exeter River if they could.

The responses immediately established a warm, receptive atmosphere, which paved the way for the talk by Sally Soule from the New Hampshire Department of Environmental Services. What a pleasure to hear about how a river recovers from a blighted, toxic condition to a vital, life-giving existence, and how critical our efforts are in that recovery. Sally has worked intimately with this river for years, and she almost begged our group to pull her away from her desk and let her show us everything first hand. Our sincere thanks to Emily Schmalzer for arranging this outstanding evening.

Members, friends and visitors will enjoy a different treat at the next program on **Tuesday, May 15**, beginning at 7:00 pm at the Pilgrim Church Fellowship Hall. Tracey Miller of Brentwood, a health coach and expert on healthy eating, will bring us a program entitled "From Field to Plate," focusing on spring greens with a live cooking demonstration featuring chard, kale and more.

The following **Saturday, May 19**, will find us on the grounds of the Mary E. Bartlett Library, helping customers find what they want at our annual **Plant Sale**, from 9am to 12 noon. Those who are digging up perennials in their yards and have no pots, please take the "bare root" plants in baggies to Gladys Ray, the Plant Sale chair person, by May 12 at the latest—with a note saying what the plant is, what color, etc. Gladys is at 106 Kingston Road (Route 111). Reach her by phone at 778-9424.

Linda Rousseau for the Gardeners

Gardening Tips of the Month

- Lawns need up to an inch of water each week to do well. If it doesn't rain a lot in your area, you'll have to water. A good way to see if your lawn needs water - walk across it. If your lawn shows footprints after you walk across it, it's dry and needs water.
- It's still not too late to fertilize your trees and shrubs. Use a 'Rhododendron' or an 'Evergreen' type of plant food to feed evergreens and acid loving plants like Rhododendrons, Camellias, Azaleas, and Junipers, etc. Use an all-purpose garden fertilizer (10-10-10) to feed roses, deciduous shrubs and trees. Be sure to water the fertilizer in thoroughly after it is applied.
- Early flowering deciduous shrubs such as Forsythias, Weigela, and Spiraea should be pruned back when they have finished blooming. Cut back a third of the oldest

canes to ground level, then cut back one third of the remaining branches by one third of their height.

Brentwood Gardeners
Annual Plant Sale
Friends of the Library
Annual Book Sale
 ~~~~~  
**Saturday, May 19**  
**9:00 am to Noon**  
 or 'til Sell-Out  
**Mary E. Bartlett Library,**  
**22 Dalton Road, Brentwood**

### **Plants Welcomed for Gardeners' Plant Sale**

The Brentwood Gardeners' annual Plant Sale will be **Saturday, May 19**, from 9:00 – 12:00 or until sell-out. If you have extra plants you will donate, feel free to drop them off between May 5 to May 12 – as bare roots (in baggies) or in pots – at the home of Gladys Ray, 106 Exeter Road (Rte. 111), Kingston (phone 778-9424). Any extra empty pots 6-inch or larger are also very welcome. We are also accepting house plants this year.

The Brentwood Gardeners maintain several garden areas throughout the town as well as donating to other projects. Our meetings are the third Tuesday of the month at the Pilgrim Church Fellowship Hall at 7:00 PM. All are welcome to attend and enjoy friendship and a wide range of speakers.

*Gladys Ray for the Gardeners*

### **Mailing Crew for April**

Many thanks on behalf of the community to those in the South Road/Lake Road area who assembled the April issue of the *Newsletter* for mailing: Ruth-Ann Cooper, Chris Cooper, Kelly Ramsdell, Jen Sherman, Keith Tebo, Kaori Johnston, and June Little.

*Linda Rousseau, Editor*

## Brentwood Recreation News

A great big thank you to Bob Olivier and Bill Dixon at John Deere Landscapes, Gary Marshall from Lawn Doctors and the crew from Sanborn Regional who volunteered their time and equipment to help us with our baseball and softball fields April 20. It was greatly appreciated!

### Baseball and Softball

Schedules are available on our website.

Team pictures will be taken on Sunday, May 20.

Coaches will notify their teams with time.

### Seniors

**“Join us for Yoga Movement Class! \*\***

Join us at the Brentwood Community Center the 1st and 3rd Tuesdays of each month. Try a Yoga Movement class designed just for seniors at 10:30am.

### Family Yoga Class

**Tuesday evenings 6:30–7:30 pm**

Parents upstairs and kids downstairs!

**8 week session begins May 15.**

Cost: \$64/ eight weeks *Drop-ins always welcome!*

*Taught by Alicia Rossman, RYT (Yoga Alliance Certified Instructor).*

People of all levels welcome! Modifications will be provided for those who are new and those who are experienced. Come to class to increase flexibility, strength, and balance, while reducing stress in your life

**May 1 and May 8 kids can come try out a class for only \$5!**

### Zumba Classes

Zumba and Zumba Strength & Sculpt Classes

**Next Class starts: Wed., May 23**

Zumba 6:00-7:00pm

Sculpt & Strength 7:00-7:40pm

**Cost:** \$42 for Zumba class

\$30 for strength & sculpt class

\$56 for both

Drop-ins welcome! \$9/class

Wear comfortable clothing and sneakers (older worn sneakers work best). Bring water! *Sign-up through the Recreation office or at class.*

### Adult Over 30 Coed Softball

We will again offer our over 30-Coed Softball League here in Brentwood. The season will run late June through mid-August. Sign up at the Recreation office or registration forms will also be available on our website. Individual or team **sign-up deadline is May 17**. For more information contact the Recreation office.

### Upcoming Spring and Summer Programs

**Soccer Camp** with *Challenger's British Soccer*, **August 22- 26**

Mini Soccer: 9–10:30am. Ages 3-5yrs - \$91

Half Day: 9am–12pm. Ages 6-10yrs - \$122

Half Day: 4-7pm. Ages 10-13yrs - \$122

If you'd like to know more about them or sign-up online visit: [www.challengersports.com](http://www.challengersports.com). Sign-up forms also available in the Recreation office.

### Multi-Sport Camp with a British Twist!

**July 23 – 27**

Participants will learn new British sports and develop new skills with team-building activities that include more than just running, jumping, catching, kicking and throwing. For ages 5-11. For more details see the Recreation pages on [www.brentwoodnh.gov](http://www.brentwoodnh.gov).

### Pre-Engineering & Engineering FUNDamentals with LEGOs June 25–29

Pre- Engineering for ages 5-8

Engineering Fundamentals for ages 8-11. \$125.

Space is limited.

**Archery Course** Tuesdays May 1–22 \$55.00

**Babysitter Course** Thursday, August 2, 9am-3pm

**Surf Camp** July 9–13 9:30-11:30am

**Baseball Camp** with *Bruce Joyce's Granite State Baseball School* July 30 – Aug. 3. 9:00am-2:00pm

**Cost: \$150**

**Discount Water Country Tickets:** Discount tickets will be available again this summer for \$26 each. Pick them up in the Recreation Office (If office is closed, see Town Clerk's office)

**Kayaks and Canoes** available for residents to borrow at no charge. Call the Rec. Office

### Facilities Rental

The Brentwood Community Center is available to rent for parties, receptions, meetings and more. Brentwood residents receive a 50% discount off the rental rates! See our website for pictures of the Center and rental application or pick up an application at the Recreation office.

Check out the Recreation pages on the town website, [www.brentwoodnh.gov](http://www.brentwoodnh.gov). Forms are there to be downloaded for your convenience, as well as other important information about current programs and events.

*Margaret Dullea, Recreation Director*

(603) 642-6400 ext. 20 Office hours: Mon. Tues. & Thurs.  
8:30am-3:30pm . [recreation@brentwoodnh.gov](mailto:recreation@brentwoodnh.gov)

## Achievement

**Victoria Kerkhove** of Bartlett Road was named to the Dean's List of the University of Oregon in Eugene, Oregon for the Winter Quarter of 2012. She is a sophomore who is majoring in English & Cinema Studies. She is the daughter of Anton and Margaret Kerkhove.

## Report from Your State Representative

Well, the barely-used snowblower is finally tucked back in the corner of the shed. The new tractor mower is ready to go. Spring is in the air. And the Red Sox are...uh...and the Bruins are heading into Game 7 of their series against the Capitals.

Since last month's vote on marriage equality, things have been relatively quiet at the State House. That, of course, is subject to change at a moment's notice. Sure to get the attention of the press this week will be Senate Bill 409, an act relative to the use of marijuana for medicinal purposes. I support this legislation, which came out of the Health, Human Services, and Elderly Affairs Committee, after a 12-4 vote, with a recommendation of Ought to Pass.

Also on tap for this week is Senate Bill 155, which would increase from \$20,000 to \$25,000 the amount of assets that businesses could write off in the year they are purchased, rather than depreciated over several years (IRS Section 179 deduction). There is some debate over the impact on state revenues which this bill would have, but like several other bills we've passed this year and last, it helps small business owners keep more of their money in their own pockets. They know far better how best to spend and invest their money than any governmental body ever will.

With spring, comes spring cleaning, and topping my list of "loose ends", those items I've been meaning to write about here, but hadn't got around to yet, is House Bill 592 an act apportioning state representative districts and relative to the boundaries of wards.

As you know, every ten years, census numbers are tabulated and population shifts are examined to make sure voting district lines (e.g. for state representatives, state senators, executive council, U.S. House of Representatives) are drawn in such a way as to allow for equal representation for all residents.

This process, like so many political endeavors, includes lengthy, vigorous debate, multiple amendments and proposed alternatives, and results that inevitably fail to please all parties involved. If ever there was a good example of the phrase "you can't please everyone", it's redistricting. Having such a small number of residents per representative makes an already difficult task even more so.

The House passed House Bill 592 on January 18th and overrode Governor Lynch's veto of the same on March 28th. Is it a "perfect" redistricting plan? Depends on who you ask. I'd contend there is no such thing. What does HB592 mean for Brentwood? First, Epping and Fremont were split apart, into Districts 9 and 10, so Brentwood will now be Rockingham County District 11. In addition, there will now be a floterial district (District 33), one of several, which will see Fremont, Brentwood, and Danville (Districts 10, 11, and 12) shar-

ing a seat. Of course, this is all contingent on the outcome of a lawsuit over this bill filed by the City of Manchester.

I've had the privilege and honor of representing District 10 in the New Hampshire House of Representatives these last two years. I've also been blessed with the job opportunity of a lifetime, a full-time teaching position at the Academy for Science and Design in Merrimack, teaching science and engineering to middle and high school students.

Neither of these opportunities was anything I could have foreseen happening just two years ago. I hadn't yet made any plans to run for office, nor had I any realistic expectation of landing a full-time job in a field in which I had relatively little experience, least of all one that seemed tailor-made for me. And, the school has been very accommodating, allowing me time off to drive up to Concord on those Wednesdays when I could get away from the classroom.

My teaching contract was renewed this past week (would have liked a raise, but I recognize that the taxpayers of New Hampshire aren't exactly walking around with cash falling out of their pockets), and I have made the decision to devote my professional time and attention to my teaching career and to not seek reelection to the New Hampshire House of Representatives in November. It wasn't an easy decision. If I could pursue both careers, and give each the time and attention they deserve, I would. But there are only so many days in a week, and hours in a day.

I look forward to serving out the remainder of my term in office, representing the people of Brentwood to the best of my ability, and to working with fellow New Hampshireites as we continue the process of unelecting President Obama as the 2012 election looms ever nearer.

*Bruce*

Bruce A. MacMahon, New Hampshire State Representative  
Rockingham County, District 10 – Brentwood.  
<http://brentwoodforum.wordpress.com>

## Sympathy

Deepest sympathy and friendship are extended to the family of **Alan R. Clough** of Old Gordon Road, who died April 5, 2012 at Exeter Hospital. He was born June 3, 1948 in Jamaica Plain, Mass. and raised in Sharon. He had lived in Brentwood since 1988. He worked for several area fire systems companies in Massachusetts. He was an enthusiastic volunteer in the community and especially enjoyed the Brentwood Trails Committee.

## Brentwood Historical Society

The Historical Society postponed its plan to visit the Portsmouth Athenaeum in the month of April because a number of members were unavailable to go.

There will be a business meeting on Thursday, May 10 at 10:00 am at the Museum. All members are welcome to attend. That evening, **Thursday, May 10 at 7:00 pm**, there will be a program on the age-old art of quilting. The public is always welcome at the Historical Society meetings. An exhibit of quilts, old and new, will open at that time and continue through July 4. The quilt exhibit will be featured at a Museum Open House on Saturday, June 2 and on July 4th. Brentwood residents who have old or new handmade quilts they are willing to lend for the exhibit are asked to contact Alma Vahey, President, at 679-8635.

### **Fundraising for new restroom facility**

The fundraising campaign is continuing for the replacement of the current composting toilet at the museum, which is no longer functioning. As a correction to the information given in the April *Newsletter*, the replacement planned is an incinerating toilet. This alternative type of unit is required instead of a standard system because the museum building does not have a well or a septic system.

The officers of the Society are grateful for the contributions that have already been sent. Once again, the board is gratified that an anonymous benefactor has pledged to match \$1.00 for every \$2.00 received, to a maximum of \$500.00. Anyone who would like to donate to this project may send a check payable to the Brentwood Historical Society to Alma Vahey, President, 164 North Road, Brentwood, NH 03833. The Society is a 501(c)(3) organization; donations are tax deductible. For further information please contact Ms. Vahey, 679-8635.

*Linda Rousseau for the Society*

## Guest Speaker at Grace Ministries Church

Jennifer Rodgers, a representative of Chosen People Ministries, will speak at Grace Ministries International Church on **Sunday, May 6** during the 10:00 am service. Her topic will be "The Jews in Russia."

"Chosen People Ministries," founded in 1894, is committed to stressing the Jewish roots of the Christian faith, to making the message of the Messiah more accessible to Jewish people, and helping Christian believers achieve a greater appreciation of the Jewish basis of their own faith traditions. The meeting on May 6 is open to the public. Grace Ministries International, at 263 Route 125, invites the Christian and Jewish community to attend. For more information please call 642-7845 Monday-Friday, 9 am to 1 pm.

## Brentwood Seniors

The Brentwood Seniors enjoyed a Ham-Potluck Luncheon at their April meeting. Don Marshall of the Homewatch CareGiver Services in Exeter/Stratham spoke to the group about the legal and financial planning needs of seniors today.

The next meeting, on **Thursday, May 23**, will be a Mystery Ride. Members will meet in the parking lot at the Community Center and car pool to the mystery site. The time to arrive at the parking lot will be announced.

Membership dues of \$7.00 were payable as of January. Anyone who has not yet paid may see Marion Arkell, treasurer, at the meeting and she will give you your membership card.

Members are reminded of the Senior Activity Days at the Community Center on the 1st and 3rd Tuesdays of the month from 10:00 am to 1:00 pm. These are sponsored by the Recreation Department. You do not have to be a member of Brentwood Seniors to come and enjoy the Activity Days.

New members are always welcome in the Seniors. You do not have to be a Brentwood resident to join. For information please call Sandy Thorsell, president at 772-4476.

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## The Best of the Worst

**Pilgrim Church** on Route 111A in Brentwood will hold its annual "**Wurst Night Buffet**" on Saturday, **June 2**, serving **continuously from 5:00 to 6:30 p.m.** The celebration of the sausage maker's art promises to provide plenty of variety for those who enjoy the various flavors and textures of not only the "Wursts" but also the many goodies offered to compliment them.

Served buffet style, one can sample each of the many selections or concentrate on their favorite knockwurst, kielbasa, bratwurst, sweet and hot Italian sausage, and the ever popular "Hot Dog." Sauerkraut, sweet and sour red cabbage, potato salad, coleslaw, baked beans, chili, and a variety of mustards and relish styles will be capped off with home baked loaves of whole grain, rye and pumpernickel bread. Tickets will only be available at the door: adults \$10.00, children under twelve \$5.00.

Proceeds will help support the Church's Wider Mission.

*Gene Orcutt*

orcu416@comcast.net

## Notes from the Green Fairy

It's Spring again. Every year we get a chance for a do-over. So what will you do over? Grow and eat more veggies? Get outside more? Visit new places? Be a bit more gentle with Mother Earth? Check out the stars some nights or watch the fireflies rise at dusk? Be more active, working harder, physically, in your daily life so you don't have to resort to artificial forms of exercise?

Outdoors more seems to be the choice of the moment. But what to do? Walk, run, cycle, go hiking or camping? Plant a garden (also a major choice right now)? Flowers or vegetables – or maybe both, and have a lovely bouquet for the table? You could mix them both up in a potager — a kitchen garden. Plant things decoratively instead of in straight rows, and maybe include a few edible flowers such as violets, pansies or nasturtiums to pretty up a salad.

Spread some manure and compost (that you made last year), some dolomite limestone (it has magnesium), bone meal and just a touch of wood ash and dig it in with your pitchfork. Rake it smooth and decide where to put things. Sometimes drawing it on paper helps. Building the soil is important and will give better results than just sprinkling on chemicals. Good, healthy soil allows for the growth of microbes that help plants absorb nutrients and results in healthier, more disease-resistant plants and more nutritious produce. With healthier plants there is less need for insecticides. When insecticides are used heavily, the good guys die right along with the bad guys. We need the good guys; some of them eat the bad guys. Think about visiting your plants and checking for pests. Get to know what they look like and what kind of damage they do and hand pick them and drop them into hot water (where they die instantly) or squash them, whichever you prefer. After a season or two, a good population of useful insects will build up and be more effective against damaging pests.

Plants like to be touched and tended. We have a physical relationship with our pets, grooming them and picking off vermin, why not have a relationship with your plants, too? They will reward you with lush growth and healthy fruits. In a small garden, this shouldn't be too hard. It could even be a science lesson for the kids.

In the same vein, if your lawn is small, consider ditching the power mower and getting a push mower. They still make them and they are much better than Dad's. Plus it is really good exercise, and you won't be inhaling all those gas fumes. And speaking of gasoline, who wants to spend all that gas on the lawn? Rakes

work well – send the kids out there. And without the week whacker, no one's ankles will be snapped. Everyone talks about saving energy and less gas consumption, but no one ever considers these things as energy consumers.

The early Nature Doctors prescribed exercise, fresh air, sunshine, barefoot walks in wet grass and mud baths for all kinds of ills, and they worked! People clamored for these treatments. Being in nature is soothing. It changes moods, lowers blood pressure, and heals. We have cut ourselves off from this natural healing so much that now they run ads to "find the forest near you" and pay it a visit. We are so fortunate here. All we have to do is step out the door and we are there. Take a walk along the river and listen to it gurgle over the rocks or turn pink in the sunset. How lovely it is. The woods are riddled with trails. Follow one and see where it goes, turn around and come home. Right now the purple trillium is in bloom and the trout lilies not far behind. There are violets, too. And after all this digging and lawn care and walking you will be starving. So light up the grill for a wonderful meal, hopefully with some of those veggies you grew. Enjoy it all the more because of the buzz you have from your activity and pat yourself on the back and say "Yeah! Nice! Yum!" And you will sleep like a baby.

Before attempting vigorous physical activity, make sure you are up to it. Start small and be gentle with yourself. Light work makes you move more constantly and use more muscles than artificial forms of exercise and keeps the body in better shape. Plus you will be getting lots of sun and making lots of Vitamin D, which is so important for bone, heart and general health.

*Bonnie Gunther, aka The Green Fairy*

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## Sympathy

Deepest sympathy and friendship are extended to the family of **Gertrude M. Vigneault** of Crawley Falls Road, who passed away April 20. Born July 3, 1922, she was a longtime resident of Merrimac, Mass. before moving to New Hampshire. Well known for her beautiful afghans and quilts, she remained an active member of the Senior Center quilting group in Merrimac and will be remembered for her kind and caring ways.



**CALENDAR OF EVENTS**

- May 6 Grace Ministries Church: special guest speaker during 10:00 am service  
 May 7 Brentwood Democratic Committee meeting – 7:00 pm Bartlett Library  
 May 8 Selectmen's meeting – 7:00 pm, Cross Room, Town Office Building  
 May 9 Conservation Commission – 7:00 pm, Cross Room, Town Office Building  
 May 10 Friends of the Library – 9:30 am, Bartlett Library  
**Historical Society Museum Quilting Program** – 7:00 pm, at the museum  
 May 11 **Friday Night Flick at the Library – 6:30 pm.** "Muppets." Bartlett Library  
 May 14 School Board – 6:15 pm, Swasey School  
 Library Trustees – 6:30 pm, Bartlett Library  
 May 15 **Brentwood Gardeners program, "From Field to Plate."** Pilgrim Church  
 Selectmen's meeting – 7:00 pm, Cross Room, Town Office Building  
 May 16 **Afternoon of Games – 2:00 pm – 4:00 pm**, for adults, Bartlett Library  
 May 17 Planning Board – 7:00 pm, Cross Room, Town Office Building  
**Ladies Night at the Movies (+ Men invited) – 7:00 pm**, "One for the Money." Bartlett Library  
 May 19 **Brentwood Gardeners Plant Sale – 9:00 am to 12:00 or sellout**, Bartlett Library  
**Friends of the Library Book Sale – 9:00 am to 12:00**, Bartlett Library  
**Household Hazardous Waste Collection** – Hampton. 9 – 12, Old Hampton Town Hall  
 May 21 Brentwood Bookers – 7:00 pm, Bartlett Library  
 May 22 Recreation Commission – 6:30 pm, Sanborn Room, Town Office Building  
 Selectmen's meeting – 7:00 pm, Cross Room, Town Office Building  
 May 23 Brentwood Seniors Mystery Ride – gather at Community Center parking lot, time to be announced  
 May 28 **Memorial Day ceremony – 8:00 am, Tonry Cemetery, Middle Road**  
 May 29 Selectmen's meeting – 7:00 pm, Cross Room, Town Office Building
- June 2 **"Best of the Wurst" buffet supper – 5-6:30, Pilgrim Church, 196 Middle Rd./Route 111A**  
 June 4 Trails Committee – 7:00 pm, Town Office Building  
 Firemen's Association – 7:30 pm, Fire Station  
 June 5 Selectmen's meeting – 7:00 pm, Cross Room, Town Office Building  
 June 6 Cemetery Trustees – 7:00 pm, Town Office Building  
 June 7 Planning Board – 7:00 pm, Cross Room, Town Office Building

**The public is welcome at all above events**

**The Brentwood Newsletter**

c/o Linda Rousseau, Editor

P.O. Box 282

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